

HOPE. HEALING. CARING.



WELCOME

In 1854, JFS began as a committee of concerned community members who provided assistance to new immigrants and their families, who came to Albany from Europe. Now, 160 years later, many of our services are the same: clinicians provide supportive services for seniors so they can age in place, with dignity, in the comfort of their homes; we work to protect children and preserve families through supervised visitation and co-parenting; we dispatch volunteers to drive Jewish seniors, so they can get where they want to go; and people turn to us for counseling as they struggle with life transitions, grief, depression, anxiety or trauma.

This year has been one of growth. We've added new staff to respond to the growing needs of seniors in the community. Our new partnership with Haven expanded services into the Schenectady area. And it ensured that bereavement counseling reaches individuals and families in the community who are struggling with loss.

At the core of our services, we are guided by the Jewish tradition of *tikkun olam* (repairing the world)—a tradition that will endure in years to come. The needs of families in our community are continuous. And we are humbled that JFS continues to be a source for trusted care by so many.

PROGRAMS & SERVICES

Jewish Family Services of Northeastern New York has been a resource for individuals and families in the community for over 160 years. As one of the oldest Jewish non-profits in the country, JFS' long history has been an evolution—from a subset of community groups working to address the needs of immigrants, families and children to a single agency; from an agency focused on the Jewish community to serving the entire community; from a volunteer organization to a professional one; and from a provider of charitable assistance to a provider of comprehensive human services.

The breadth and depth of services Jewish Family Services provides today is much greater than it was 160 years ago. However, what has not changed over its long history is its mission and its responsiveness to community needs.

Today, JFS touches the lives of approximately 3000 people each year through the following programs:

Counseling and Supervised Visitation Services

Our professional staff of licensed therapists work with individuals, couples and families to help them resolve a range of life challenges including, relationship issues, depression, anxiety, abuse and trauma, and life transitions. Our mental health professionals provide Supervised and Therapeutic Visitation, helping parents overcome the barriers keeping them from achieving visitation with their children, with the ultimate goal of unsupervised visits (reunification). Additional services include: Anger Management Counseling and Mental Health Evaluations.



PROGRAMS & SERVICES

Senior Service Coordination



JFS coordinates multiple programs into one comprehensive service delivery package for seniors in our community, reducing the fragmentation of services and using resources more efficiently. Senior services provided are: In-Home Clinical Counseling, Care Management, Family Conferences, Project 5—a volunteer transportation service for Jewish seniors, and the geographically-designated Neighborhood Naturally Occurring Community (NNORC), which helps seniors age in place in the comfort of their own home and community.

Community Services



Through community services we provide support for the physical, emotional and social well being of Capital District community members. The Norek/Moses Transitions Program offers support, counseling and/or advocacy services to individuals and their families coping with serious medical, emotional or financial crises. Community Outreach assists individuals and families coping with family, workplace, addiction, and domestic discord issues.

Haven at JFS



Through a recent partnership with Haven of Schenectady, JFS now provides individualized support and encouragement to help people who are grieving. Whether they lost a loved one, are coping with job or career loss or have health issues, grief is unique to each person's needs and circumstances and our bereavement counselors provide the compassionate care through the grieving process.

HOW

JFS Financial Report 2015*

Sources of Operating Revenues

Individual, Grants and Corporate Support	\$85,467	14%
Government Contracts	\$131,447	22%
United Jewish Federation	\$165,878	27%
Program Service Fees	\$135,811	22%
Other Associated Organizations	\$74,349	12%
Income from Investments	\$14,502	2%
	\$607,454	

Operating Expenditures

Senior Adult Services	\$55,370	8%
Community Services	\$38,075	5%
Project 5	\$51,763	7%
Mental Health Services	\$118,094	17%
Supervised Visitation	\$134,054	19%
NNORC	\$180,398	26%
Haven at JFS	\$23,414	3%
Management & General	\$101,668	14%
	\$702,837	

WHAT

3,124 seniors participated in **1,264** hours of supportive, health and wellness, and social programs so they could age in place, with dignity, in the comfort of their homes.

185 people received **489** hours of supervised visitation, reconnecting children with their parents.

46 seniors took **980** rides with volunteer drivers for medical appointments, errands, and social outings, so that they could maintain their independence.

111 people received **496** hours of medical advocacy and support that helped them cope with terminal illness or trauma.

36 individuals attended **100** hours of anger management groups and learned constructive ways to handle anger, frustration and stress.

23 individuals received **214** counseling sessions, which increased their resilience and strengthened their ability to function.

11 seniors and disabled individuals received **301** hours of in-home counseling sessions, helping them cope with issues such as anxiety, depression and loss.

14 elderly individuals received **115** hours of in-home supportive visits, making them feel less isolated.

54 individuals attended **254** hours of counseling sessions to get help with grief and loss.

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Jewish Family Services
877 Madison Ave.
Albany, NY 12208

Schenectady Office

First United Methodist Church
603 State St.
Schenectady, NY 12305

Learn more about our services or to make a referral by calling 518-482-8856 or emailing info@jfsneny.org.

jfsneny.org



Jewish Family Services of Northeastern New York

Supported by
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